

# Special Recreation

Veterans Park District, in cooperation with the village of River Grove, provides year-round recreation and leisure activities for individuals of all ages with special needs. Our goal is to provide opportunities for new experiences, socialization and quality programming. Kathy Thomas is an associate park and recreation professional through the Illinois Parks and Recreation Certification Board. Kathy has earned an Associate Degree in Applied Science in therapeutic recreation from Triton College. Dawn Puetz is the Special Recreation Supervisor at Veterans Park District. She has an extensive background in recreation and special recreation.

She has served at a variety of park districts, special recreation agencies and therapeutic agencies. Dawn graduated from Eastern Illinois University with a Recreation Administration degree in 2004. Anyone interested in participating in special programs is invited to call Grant Park at (708) 343-5270.

Youth and preschool programs are inclusion programs that are open to children with or without special needs. Teen and adult programs are set up to accommodate individuals with special needs.

Due to the popularity of Saturday Escape, we have added a second session (Weekend Escape). Due to scheduling, some activities will be on Sundays. Please choose one section.

## Saturday Escape

Join your friends at Veterans Park District on a Saturday — day or evening — as we travel the highways of Illinois for some recreational adventures. A variety of trips have been planned for your enjoyment. There may be additional fees charged for some activities. You will be notified prior to the activity. Dates and meeting times may be changed due to weather conditions or activity scheduling.

**Ages:** 18 & Older  
**Summer:** #111131 A May 5 and 19, June 2 and 23, July 7 and 21, August 4 and 18



## Weekend Escape

A variety of trips have been planned for your enjoyment. There may be additional fees charged for some activities. You will be notified prior to the activity. Dates and meeting times may be changed due to weather conditions or activity scheduling.

**Ages:** 18 & Older  
**Spring/Summer:** #111131 B  
Saturday, May 12, Sunday, May 20  
Saturday, June 9, Sunday, May 24  
Saturday, July 14, Sunday, July 22  
Saturday, August 11, Sunday, August 19

Bus pick up time will be listed according to event.  
**Location:** Pick up point will be Grant Park Recreation Center in Northlake for those that have not paid for busing.  
**Fee:** \$32 In District, \$36 Out of District  
**Busing:** \$12; Available to in-district residents only.  
**Min/Max:** 8/16  
**Contact:** Dawn Puetz

## Saturday Club

This club is designed for those who want to get out of the house during the winter season but don't want to travel. Come join your friends for a wonderful social experience. We will be doing different activities, anything from cooking to watching movies and crafts too! We will be going for mini trips to grab something to eat or to a movie but all of the trips will be sent home in a newsletter and will be paid for with no extra fee!

**Ages:** 18 & Older  
**Spring:** #411131 E January 14 and 28, February 11 and February 25, March 10 and 24, April 14 and 28

**Time:** 10 a.m.-2 p.m.  
**Location:** Trumbull Park  
**Fee:** \$28 In District, \$30 Out of District  
This is a drop off program only. No busing will be provided.

## Adult Social Club

**#247240H**  
Gather your friends and make some new friends as you participate in a variety of activities at Trumbull Park in River Grove. This program promotes socialization skills.

**Ages:** 18 & Older  
**Day:** Thursdays  
**Spring:** #411131 C January 12 and 26, February 9 and 23, March 8 and 22, April 12 and 26  
**Summer:** #111131 D May 10 and 24, June 7 and 21, July 19, and August 2, 16, 30 (No program on July 5)

**Bus pick up time is between 5 and 6 p.m.**  
**Time:** 6-8 p.m.  
**Location:** Trumbull Park, River Grove  
**Fee:** \$32 In District, \$36 Out of District  
**Busing:** \$12; Available to in-district residents only, on a first-come basis  
**Min/Max:** 8/18 and one wheelchair space  
You must register before the start of this program.

## Cooking Club

Do you love to cook? Do you want to learn how to cook? Do you just want to get out of the house? Come to cooking club. This club is a new program focused on how to be more independent in the kitchen. Each time we meet we will go over cleanliness, safety and how to prepare a dish. We will work both independently and in a group setting. *Please make sure we are aware of food allergies that the participant may have by adding it on the registration form!*

**Ages:** 18 & Older

**Day:** Thursdays

**Winter Session 2: #311131 C1:**

January 12 and 26, February 9 and 23

**Spring/Summer: #111131E:** April 5 and 19, May 3 and 17

Bus pick up will be between 5-6 p.m.

**Fee:** (per session) \$32 In District, \$36 Out of District

**Busing:** \$12; Available to in-district residents only, on a first-come basis

**Min/Max:** 5/10

**Contact:** Dawn Puetz

## Backyard Fun

Join your friends and play backyard games for fun and exercise. We will be playing Bocce, Yard Darts, Bags, Croquet, and more. This program is not accessible.

**Dates:**

**Spring/Summer: #111131 F** June 14 and 28, July 12 and 26, August 9 and 23, September 13 and 27

**Time:** 6-7:15 p.m.

**Location:** Trumbull Park

**Fee:** \$32 In District, \$40 Out of District

**Busing:** \$12; Available to in-district residents only

Bus pick up will be between 5-6 p.m.

**Min/Max:** 6/18

## Teens on the Town

Hit the town on Friday nights with your friends! Each week we will go to a new place and have lots of fun! We will transport from West Leyden High School and Enger School.

**Grades:** 8-12

**Day:** Friday

**Dates: #311131 E3** January 13 and 27, February 10 and 24, March 2 and 16

**Location:** A list of activities will be mailed to registrants.

Pick up is at Grant Park in Northlake at 6 p.m.

**Fee:** \$28

**Min/Max:** 5/10



## High School Hang Out Club

Come join us and enjoy cooking, arts and crafts, playing games, watching movies and making friends every Tuesday at Trumbull Park in River Grove. We will provide transportation from West Leyden and Enger School.

**Grades:** 8-12

**Day:** Tuesday

**Dates: #411131 G1** February 28-April 10 (Does not meet March 27)

**#411131 G2** April 17-May 15

**Location:** Trumbull Park

**Fee:** \$28

## Breakfast Club

We are not talking about the movie here! We will be heading out to breakfast joints and sampling their array of breakfast goodies. A schedule will be sent to the registrants and door to door pick up is available. Each participant will need to bring their own money for breakfast.

Transportation is the only cost. Register for these days individually – you can register for one or all of these dates!

**Ages:** 18 and up

**Day:** Wednesday

**Dates:** February 1 **#311131 F5**

March 7 **#311131 F6**

April 4 **#411131 H**

**Fee:** \$2

Bus pick up will be between 8:30 and 9:30 a.m. for in-district residents only. Out of District – Must drop off at Grant Park in Northlake by 8:30 a.m.

**Min/Max:** 5/10

## Special Recreation

### Mini Chefs #111131 I

Explore the art and your love of cooking! You are never too young to start exploring the kitchen and food. We will be making basic items including healthy snacks and delicious desserts. Please inform us if your child has allergies when you register.

**Ages:** 3-5

**Day:** Saturday

**Dates:** January 14-February 11

**Time:** 9-10 a.m.

**Location:** Kahl Park

**Fee:** \$8 In District, \$10 Out of District

**Min/Max:** 3/6

**Contact:** Dawn Puetz

### Tiny Town #111131 I1

Been cooped up inside all winter long? Ready to run, jump, laugh and play? Join us at Grant Park Recreation Center where we will participate in fun activities and games!

**Ages:** 3-5

**Day:** Saturdays

**Dates:** February 18-March 17

**Time:** 9-10 a.m.

**Location:** Grant Park Recreation Center

**Fee:** \$8 In District, \$10 Out of District

**Min/Max:** 5/10



### Special Recreation Overnight Trips

#### Jelly Belly Factory – Wisconsin #311131 J2

We will be traveling to Pleasant Prairie, Wisconsin to take a tour of the Jelly Belly Factory. We will be departing from Grant Park Recreation Center for an overnight trip full of fun and adventure.

**Age:** 18 and above

**Days:** Saturday-Sunday

**Dates:** February 18-19

**Fee:** \$53 In District, \$58 Out of District

**Min/Max:** 4/6

**Busing:** \$5; Available to in-district residents only. Out of district participants can be dropped off at Grant Park Recreation Center in Northlake at 10 a.m. Saturday. Bus Pick up will be between 10 a.m. and 11 a.m.

**Location:** Pleasant Prairie, WI



## Special Recreation Spring Break Camp

Are you ALWAYS bored over spring break? Veterans Park District can help you change that! Gather your friends and spend spring break with us! We will have a day full of crafts, activities, movies and if weather permits some outside FUN! We will even have a pizza party and make ice cream sundaes! Bring a lunch, snacks and something to drink. Water will be available.

**Ages:** 6-12 #411131 J

**Ages:** 13-17 #411131 J1

**Date:** March 26-30

**Time:** 9 a.m.-3 p.m.

**Fee:** \$40 In District/\$45 Out of District

For information regarding Special Recreation programming, please contact Dawn Puetz at 708-343-5270 or DPuetz@veteransparkdistrict.org.



## Special Olympics Golf Lessons

#133333 A2

Join us on the driving range to learn the basic skills: chipping, putting, the iron shot, etiquette, and more! Illinois PGA "Teacher of the Year" Marty Joyce will be instructing the lessons. This is a Special Olympics training program. You must have a S.O. Medical Application on file with Area 5, Special Olympics to train and compete.

**Ages:** 8 and up

**Population:** DD, AUT, MI

**Training Dates:** Mondays, May 7-July 2 (No class May 28)

**Time:** 5:30-7 p.m.

**Location:** White Pines Golf Course in Bensenville.

**Fee:** \$45 In District, \$36 Out of District

**Busing:** \$12; and is available for in-district residents only, on a first-come basis.

Bus pick-up is between 4:30-5:30 p.m.

## Special Olympics Bowling Training

#197030 E2

This is a training program for those athletes that are interested in competing in track and field. We will be training both indoors and outside. Please wear sweats or shorts and a tee shirt. Bring your gym shoes. No outside shoes may be worn in the gym. You may not train or compete in jeans or cut-offs. You must have a current medical application on file with Illinois Special Olympics before you can start training.

**Ages:** 8 and up

**Population:** DD, AUT, MI

**Training Dates:** Wednesdays, May 16, 23, 30, June 6 and 13

**Area Games are at Stardust Bowl on Saturday, July 21**

**Time:** Bus pick up is between 5 and 6 p.m.

**Location:** Stardust in Addison

**Fees:** \$37.50 In District, \$42 Out of District

**Busing:** \$7.50; available to in-districts residents only

# Super Camp

Join Veterans Park District for our second year of Special Recreation Super Day Camp! Qualified staff will lead small groups in games, songs, arts and crafts, and other super fun activities. Once a week we will go to Gouin Pool and one day we will go on a field trip. Safety is our number one priority. Veterans Park District has been providing recreational opportunities to individuals with special needs for over 15 years. Our staff will make sure that your child will have a great time. Please inquire about scholarships.

Ages 6-12 and 13-17

Monday-Thursday • 12:15-4:30 p.m.

**Session 1: June 11-29**

Ages 6-12 - #211131 A      Ages 13-17 #211131 B

**Session 2: July 2-20**

(No Super Camp on July 4)

Ages 6-12 #211131 A1      Ages 13-17 #211131 B1

Kahl Park, Northlake

\$95 In District, \$100 Out of District (per session)

