



GOUIN POOL

Special Events

DUCKY TUESDAYS

Rubber ducks in the kiddie pool at noon. Pick a duck and see if your number matches the number drawn by the manager. If you are a winner you will receive a prize!

WACKY WEDNESDAYS

Every Wednesday at the waterpark, weather permitting, beginning in June. Join us for an afternoon filled with a variety of fun activities and challenges. Each week will have a different theme; some themes are Treasure Hunt, Racing, Music, Hawaiian, and many more! Wacky Wednesdays are free with all paid admissions and pool passes.

1-3 p.m.

TURTLE THURSDAYS

Find Crush the Turtle who will be hidden somewhere around the pool and win a cool treat!

LUCKY CUSTOMER DAYS

June 30 & July 30

The first 100 pass holders get a concession stand coupon. Every 30th paying customer gets one free admission that day!

FUNTASTIC FAMILY FLOAT⁺ NIGHTS

June 15, June 29, July 13, July 27, August 10

Rafts, tubes, whales, alligators, sharks, floats, or water noodles are just a sample of what can be used in the pool for these nights only. Bring the family and some fun floats for a relaxing and enjoyable ride. Please, nothing larger than 6' x 6'. General admission will be charged to all non-season pass holders.

* Floats should not be used as personal flotation devices. No arm floats or flotation suits. Children must be able to swim by themselves and those under the age of 7 need to be accompanied by an adult at all times.

Diaper Dippers

Parent-Child Aquatics
(Ages 6 months to 3 yrs. old)
Parents and children learn together through two fun-filled levels to increase children's comfort in the water. Build a foundation of basic aquatic and water safety skills such as feeling of security in the water, as well as aquatic adjustments and swimming readiness skills. Emphasis is on the development of a warm and trusting relationship between parent and baby in the pool. Tots need to be accompanied by an adult (18 years or older). This is NOT a swim lessons program.

Day: Wednesdays

Date:

Session 1: #333222 A June 13, 20, 27 & July 11 (No Class July 4)

Session 2: #333222 A1 July 18, 25, August 1, 8

Time: 10:40-11:20 a.m.

Location: Gouin Pool

Fee: \$40 per session

Min/Max: 7/20



Swimming Safety

Preschool Aquatics
(Ages 4 to 5 years old)
Children participate without a parent in the water. One lifeguard will be responsible for no more than two children. Includes Raffy Learns to Swim and Waddles in the Deep. Your child will receive a 16-page booklet to help him/her prepare for swim lessons.

Day: Wednesdays

Session 1: June 13, 20, 27, July 11

Time: 10-10:40 a.m. #333222 B
10:40-11:20 a.m. #333222 B1

Session 2: July 18, 25, August 1, 8

Time: 10-10:40 a.m. #333222 B3
10:40-11:20 a.m. #333222 B4

Location: Gouin Pool

Fee: \$40 per session

Min/Max: 10 children per session

A birth certificate is required at the time of registration. Children must be at least 3 years of age by the start date of their session.

AquaZumba

(Ages 16 and older)

#333222 Z

Heat up the pool party! Jump into the Latin-inspired, easy to follow, calorie burning dance fitness party that makes working out a splash. Exercise while your children swim in the other pool. The water slides will be off for the first hour on these days.

Day: Wednesdays

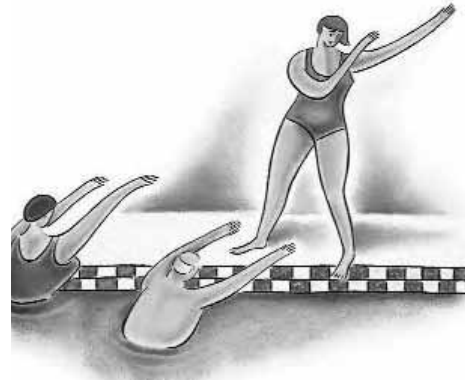
Date: June 13, 20, 27, July 11, 18, August 1, 8

Time: 11:30 a.m.-12:30 p.m.

Location: Gouin Pool

Fee: \$55 In District, \$65 Out of District

Instructor: Hilda Fabiani



Aquacize

(Ages 16 and older) #333222 Y

In this class, it's pure isometric exercise, which means your weight against the water. We use various water tools to assist in exercise. We will work our whole body doing a variety of interesting movements.

Day: Saturday

Date: June 16-August 4

Time: 9:30-10:30 a.m.

Location: Gouin Pool

Fee: \$55 In District, \$65 Out of District

Instructor: Diane Salemi

Do you know swim classes aren't just for kids?

Adult Swimming Lessons

(Ages 18 and older)

These swimming lessons are half-hour sessions taught by American Red Cross certified water safety instructors. The lessons start with the basics of floating, progressing to the fundamental aquatic locomotion and safety skills; freestyle, backstroke, elementary backstroke, breaststroke, treading, familiarity of rescue breathing, CPR and self-rescue skills.

Day: Wednesdays

Session 1: June 13, 20, 27 and July 11 (No Class July 4) #333222 C

Session 2: July 18, 25, August 1, 8 #333222 C1

Time: 10-10:30 a.m.

Location: Gouin Pool

Fee: \$40 per four-week session

Min/Max: 5/20

Gouin Pool-Swimming

American Red Cross Learn to Swim Program

(Ages 6 and older)
 American Red Cross Learn to Swim program is supervised by certified water safety instructor Nicole Wagemann. All swimmers will be tested the first day of lessons. Six progressive levels help swimmers of varying ages and abilities develop their water safety, survival, and swim skills. No experience necessary.

- Level 1: Introduction to Water Skills
 - Level 2: Fundamental Aquatic Skills
 - Level 3: Stroke Development
 - Level 4: Stroke Improvement
 - Level 5: Stroke Refinement
 - Level 6: Swimming and Skill Proficiency
- Day:** Monday, Tuesday, Thursday and Friday
Time: 9:50-10:30 a.m.
Location: Gouin Pool
Fee: \$50 per session
Session 1: #333222 D June 11-29 (No Wednesdays)
Session 2: #333222 D1 July 2-20 (No Wednesdays)
Session 3: #333222 D2 July 23-August 10 (No Wednesdays)

Night Swim Lessons

(Ages 6 and older)
 American Red Cross Learn to Swim program is supervised by certified water safety instructor Nicole Wagemann. All swimmers will be tested the first day of lessons. Six progressive levels help swimmers of varying ages and abilities develop their water safety, survival, and swim skills. No experience necessary.
 Level 1: Introduction to Water Skills
 Level 2: Fundamental Aquatic Skills
 Level 3: Stroke Development
 Level 4: Stroke Improvement
 Level 5: Stroke Refinement
 Level 6: Swimming and Skill Proficiency

- Day:** Monday, Tuesday, Thursday and Friday
Time: 7-7:40 p.m.
Location: Gouin Pool
Fee: \$45 per session
Session 1: #333222 E June 11-29 (No Wednesdays)
Session 2: #333222 E1 July 2-20 (No Wednesdays)
Session 3: #333222 E2 July 23-August 10 (No Wednesdays)

Junior Lifeguard Training Program

(Ages 13-14)
 This program gives participants an inside look at what it takes to be a lifeguard. The class consists of learning and practicing CPR skills, water rescue skills, and other daily key components. Each participant will also complete volunteer hours that will give them experience in each area of waterpark operations by working special events as well as shadowing the managers, lifeguards, cashiers, and concessions. This program is perfect for anyone who is interested in becoming a lifeguard at the Gouin Park Pool. For more details, please call Veterans' Park District at (708) 343-5270

- Day:** Tuesdays and Fridays
Session 1: #333222 F June 13, 20, 27 and July 11 (No Class July 4)
Session 2: #333222 F1 July 18, 25, August 1, 8
Time: 10:40-11:20 a.m.
Location: Gouin Pool
Fee: \$65 In District/\$70 Out of District (Book and T-shirt included in fee)
Min/Max: 5/20





Summer DAY CAMP

New! Junior Counselor Program

This summer Veteran's Park District will be starting a Junior Counselor Program for youth ages 13 to 15, who are interested in learning about leadership skills they can use throughout their life as well as learning to work with children! Interested youth are invited to experience the fun and rewards of camp as a junior counselor. Throughout camp, you will:

- Participate in leadership activities
- Go on a weekly field trip (separate from day camp)
- Assist Camp Counselors with programs and activities for day camp children

Program Details

- Status: Junior Counselors
- Age Requirement: 13-15
- Location: Grant Park, Bulger Park, Trumbull Park

Junior Counselor Program Fees & Registration Information

ID	FN	OD	Sessions
Fee	Fee	Fee	
\$75	\$87	\$100	Session 1: June 11-June 29 Bulger #344455 J1 Grant #344455 J2 Trumbull #344455 J3
\$75	\$87	\$100	Session 2: July 2-July 20 *No camp July 4 Bulger #344455 J4 Grant #344455 J5 Trumbull #344455 J6
\$75	\$87	\$100	Session 3: July 23-Aug 10 Bulger #344455 J7 Grant #344455 J8 Trumbull #344455 J9

Day Camp Hours: 9 a.m.-4 p.m.

Fees must be paid in full 1 day prior to the session start date.

If you have any questions concerning Veterans Park District Junior Counselor Program, please contact Day Camp Director Aracely Carrera at (708) 343-5270 or via e-mail at acarrera@veteransparkdistrict.org.

Camp Swim Lessons

American Red Cross "Learn to Swim" program is supervised by certified water safety instructor Nicole Wagemann as well as certified lifeguards. All swimmers will be tested the first day of lessons. Veterans Park District reserves the right to dismiss a child from participation if he/she exhibits an unwillingness to learn or displays a disregard for a lifeguard's safety instructions. Lessons will not be refunded or made-up due to illness, vacation, or inclement weather. Transportation to and from swim lessons is provided by Day Camp.

Ages: Children 6 and older

Days: Grant—Mondays & Thursdays
Bulger & Trumbull—Tuesdays & Fridays

Times: 10:40-11:20 a.m.

Location: Gouin Pool

Fee: \$42 per session

Session 1 • June 11-29

Bulger #344455 L1

Grant #344455 L2

Trumbull #344455 L3

Session 2 • July 2-20

Bulger #344455 L4

Grant #344455 L5

Trumbull #344455 L6

Session 3 • July 23-Aug. 10

Bulger #344455 L7

Grant #344455 L8

Trumbull #344455 L9

